## Saturday Oct 15th

11:00	Arrival/Registration
11:30 - 1:30	Lunch
12:00 - 12:15	CME/CDE Welcome
12:15 - 1:00	Quality Improvement in Practice Dr. Mary Manno, CPSO
1:00- 1:45	The Post-pandemic 'new normal': What to know on the medico-legal front Dr. Katherine Lariviere, CMPA
1:45-2:30	On Second Thought: Managing different populations of people with Cardiometabolic Disease (Accredited Program) Dr. Anil Gupta
2:30 - 2:45	Nutrition Break
2:45 - 3:30	Combining and Augmenting therapy in Anxiety and Depression - Clinical Challenges and Psychopharmacology Dr. Gaurav Mehta
3:30 - 4:15	The Mouth-Body Connection Dr. Gagan Bhalla
4:15 - 4:30	Mindfulness/Meditation Session Mrs. Shilpa Mehta
4:30 - 4:45	Wrap Up
5:00 - 6:00	NIMDAC General Meeting
7:00 - 12:00am	Evening Gala/Dinner

## Sunday Oct 16th

9:30	Yoga
10:30	Brunch
12:30	Group photo/departure

Check-in time 3pmCheck-out time 12pm