

21ST ANNUAL NIMDAC CONFERENCE

October 11th - 14th, 2013

White Oaks Conference Centre

Niagara-on-the-Lake



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Educational Objectives

- 1. Discuss the comparative utility of imaging modalities for evaluation of thyroid nodules and explain the recent changes in OHIP schedule of benefits for thyroid uptake and scan. Discuss evaluation and management of hyperthyroidism in primary care. Discuss evaluation and management of hypothyroidism in primary care. Discuss goals of management of thyroid disorders in pregnancy.**
- 2. To understand the principles for treating rheumatoid arthritis. Discuss management of some of the side-effects of DMARDs. Address cardiovascular risk assessment, osteoporosis risk assessment and vaccination for patients with RA.**
- 3. When to refer to dentist. Infections treatment and drainages. Whether imaging needed or not.**
- 4. To discuss the epidemiology and natural history of food allergy. To review the diagnosis and management of food allergy. To highlight advances in the treatment of food allergy.**
- 5. Gain an understanding of a process for quality improvement in your practice with regard to the management of chronic disease. Use your EMR for excellence in chronic disease surveillance as well as prevention. Develop a sense of the usefulness of good quality data in your medical record that assists in the tracking of chronic disease.**
- 6. What are syndromes related to psychotropic medications. Various treatment options. Preventive measures.**
- 7. How to diagnose and treat anemia in primary care. When to refer.**
- 8. Learn about new OHIP fee codes that you may have missed or should be using in your daily practice. Gain an understanding about the use of tracking codes and Q-codes in the patient enrolled models Avoid common pitfalls in billing OHIP.**
- 9. To provide recent changes in the diagnosing and treating infection with H. Pylori and Celiac disease.**



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- 10. Common type of headaches. Diagnosing and treating headache. When to refer to specialist.**
- 11. Burden of DM-2 in South Asians. How are South Asians Different. Management of DM-2 in South Asians.**
- 12. Common presentations of sleep apnea. Proper diagnosis and treatment.**
- 13. Identify common situations at risk of leading to medico-legal actions. Describe the typical “anatomy” of common at-risk situations. Develop and implement strategies for preempting and/or managing these situations.**
- 14. Presentations of ADHD in children and adults. Burden of undiagnosed ADHD. Treatment options.**
- 15. To provide a forum of discussion to diagnose and treat different forms of arrhythmias. Recent updates in the field.**

Accreditation/Credit Designation

This program meets the accreditation criteria of The College of Family Physicians of Canada and has been accredited for up to 7.0 hour(s) Mainpro-MI credit(s) as approved by the Continuing Education and Professional Development Office at the Northern Ontario School of Medicine. This event is an Accredited Group Learning Activity (Section1) as defined by the Maintenance of Certification program of The Royal College of Physicians and Surgeons of Canada, approved by the Continuing Education and Professional Development Office at the Northern Ontario School of Medicine, for up to 7.00 hours.

CME Certificates & Attendance Verification

Certificates awarding Manipro-MI Section 1 Credit or certificates documenting attendance will be electronically sent to participants. To obtain a CME certificate, physicians must submit a completed evaluation questionnaire and a CME Verification Form.



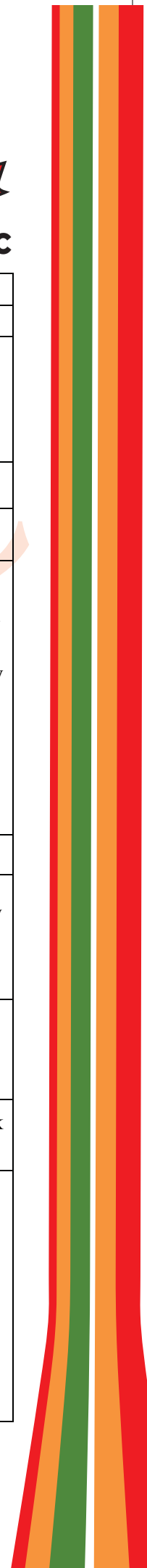
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Saturday October 12, 2013		
Time	Topic	Speaker
8:25-8:30	Welcome and Moderator	Dr. Rakesh Kumar , M.D., CCFP (EM) Medical Director, Emergency Medicine and Critical Care, York Central Hospital Past President NIMDAC 2012
8:30-8:55	Common pitfalls in thyroid disease management in primary care	Dr. Harpreet Bajaj MD, MPH, ECNU, D. ABIM, Endocrinologist, LMC Endocrinology Centre, Brampton, Malton Tariff Chairman, Section of Endocrinology OMA
9:00 – 9:25	Rheumatoid Arthritis	Dr Tripti Papneja, MD William Osler Health Centre Headwaters Health Care Centre
9:30 – 9:55	Dental Emergencies in Primary Care	Dr Jasdev Bhalla DDS B.D.S,MSc,FADSA Dental Anaesthesiologist Diplomate American Board Of Dental Anaesthesiology Executive Director- Inter-Seda Corp Owner/ Coordinator-MM Sedation Study Club
10:00-10:15	Coffee Break	
	Moderator	Dr. Sanjay Dhingra MD, FRCPC, PhD Director Coronary Care Unit, Scarborough General Hospital. Co-Chair of NIMDAC CME Committee
10:15 – 10:40	Food Allergy in Children and Adults	Dr. Melanie Makhija , MD, Allergist/Immunologist, Children's Hospital of Chicago/NorthWestern University
10:45-11:10	Chronic Risk Management	Dr Darren Larsen , Senior Physician Peer Lead, Ontario MD
11:15-11.40	Metabolic Syndrome Related to Psychotropic Medication	Dr Bharat Chawla , MD, RCPSC. Chief of Psychiatry & Clinical Director of Mental Health Program at Ross Memorial Hospital, Lindsay. Staff Psychiatrist, Peterborough Regional Health Centre. Past President NIMDAC 2006
11.45-12.45	<u>Workshops:</u> Anemia	Dr. Girish Bajaj , MD, FRCP(C)
	OHIP Billing	Dr Darren Larsen , Senior Physician Peer Lead, Ontario MD

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Sunday October 13, 2013		
Time	Topic	Speaker
8:55-9:00	Welcome and Moderator	Dr. A. Kapur MD, FRCPC Divisional Head of General Medicine, St. Joseph Health Centre, Toronto Co-Chair of CME Committee
9:00-9:25	Updates in Helicobacter Pylori infection and Celiac disease	Dr. Girish Bajaj, MD, FRCP(C)
9:30-9:55	Headache	Dr. Monica Makhija, MD
10:00-10:25	Diabetes Updates in South Asian	Dr. Ally P. H. Prebtani, Associate Professor of Medicine, Internal Medicine, Endocrinology & Metabolism. Program Director, Endocrinology & Metabolism Residency Training Program Director, International Health Program, Internal Medicine Residency Training Program, McMaster University
10:30-10:45	Coffee Break	
	Moderator	Dr. Ravinder Ohson M.D. Clinical Lecturer, Dept. of Family Medicine. McMaster University. Senior Instructor, McMaster CMA
10:45 – 11:10	Sleep Apnea	Dr. Sandeep Walia DDS Clinical Adjunct Professor, Schulich Dentistry. UWO, London
11:15-11.55	Prevention of Medico legal and College Complaints	Tim Zmijowskyz, Physician Risk Manager, CMA.
12:00-1:00	<u>Workshops:</u> ADHD Arrythmias	Dr Girish Birdi, MD, FRCP(C) Dr Bhavanesh Makanjee MB.Ch.B (Natal), M.R.C.P(UK), F.C.P(SA), F.R.C.P(C), Cert. Cardiology (SA), C.E.P.S Interventional Electrophysiologist/Cardiologist Rouge Valley Health System





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Friday October 11, 2013

04:00 – 09:00	Registration (Royal Oak Lounge)
07:30 – 09:30	Dinner (Ballroom)
09:00 – 11:00	Entertainment (Ballroom)

Saturday October 12, 2013

Time	Event
07:30 – 10:00	Breakfast (Sunhill Dining Room)
08:00 – 03:00	Registration (Studio 10)
08:25 – 12:45	CME (Studio 12 & 13)
08:15 – 01:30	Exhibits (Upper Gardenview Foyer)
11:00 – 11:30	Wealth Management Strategies by TD Bank (Studio 4, 5 & 6)
10:00 – 03:00	Fashion Exhibits (Studio 10)
10:00 – 10:30	Kids Yoga (Studio 11)
10:45 – 11:45	Yoga Class (Studio 11) *
12:00 – 02:00	Mehandi (Studio 10) *
12:15 – 02:15	Lunch (Sunhill Dining Room)
01:00 – 05:00	Golf Tournament (Legend Golf Club) **
01:30 – 04:30	Winery Tour (Niagara-on-the-Lake) *
02:00 – 05:00	Tennis Tournament (On Premises) *
02:00 – 03:00	Kids Dance Class (Studio 12) *
03:00 – 04:00	Adult Dance Class (Studio 12) *
03:30 – 04:00	Coffee/Tea (Royal Oak Lounge)
06:00 – 07:30	Family Portrait (Royal Oak Lounge) *
06:30 - 07:30	Cocktails (Royal Oak Lounge)
07:30 – 09:30	Children Performances (Ballroom)
09:30 – 12:00	Dinner & Dance (Ballroom)

Sunday October 13, 2013

Time	Event
07:30 – 10:00	Breakfast (Sunhill Dining Room)
08:30 – 03:00	Registration (Studio 10)
08:55 – 01:00	CME (Studio 12 & 13)
08:15 – 01:30	Exhibits (Upper Gardenview Foyer)
11:00 – 11:30	Wealth Management Strategies by TD Bank (Studio 4, 5 & 6)
10:00 - 03:00	Fashion Exhibits (Studio 10)
10:00 – 10:30	Kids Yoga (Studio 11)
10:45 – 11:45	Yoga Class (Studio 11) *
11:00 – 12:00	Kids Swimming
12:15 – 02:15	Lunch (Sunhill Dining Room)
01:00 – 05:00	Golf (Legend Golf Club) **
01:00 – 06:30	Hair Stylist/Makeup Artist***
02:00 – 05:00	Tennis (On Premises)*
02:00 – 03:00	Kids Dance Class (Studio 12) *
03:00 – 04:00	Adult Dance Class (Studio 12) *
03:30 – 04:00	Coffee/Tea (Royal Oak Lounge)
06:00 – 07:30	Family Portrait (Royal Oak Lounge) *
06:30 – 07:30	Cocktails (Royal Oak Lounge)
07:30 – 09:30	Performances & Awards (Ballroom)
09:30 – 12:00	Dinner & Dance (Ballroom)

Monday October 14, 2013

10:00 - 11:00	AGM (Studio 12 & 13)
10:00 – 12:00	Brunch (Ballroom)

- * Paid Program
- ** Battlefield Course, **9172** Willoughby Drive, Niagara Falls, ON L2E 6S6
- *** Both Days available by appointment



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Welcome to New Life Members

1. AMARPREET KAUR
2. SWARAN SYAN
3. VIPIN GROVER
4. GURMEET SIDHU
5. KAMAL GREWAL
6. RAMAN CHAHAL
7. SASHPAL SANDHU

Welcome to First Time Attendees

1. INDERPREET BUDHRAJA
2. NAZIA SYED
3. DAVINDER WADEHRA
4. GANESH SUBRAMANIAM
5. GURSHARAN SINGH
6. PURTI PAPNEJA
7. TRIPTI PAPNEJA
8. GURBAX SAINI
9. MELANIE MAKHIJA
10. VISHAL MIDHA
11. SHALEEN JAIN



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NIMDAC COMMITTEES

EXECUTIVE COMMITTEE

Dr. Jagdeep Singh (President), Dr. Rakesh Kumar (Past President), Dr. Raveen Gill (Vice President),
Dr. Rajinder Momi (General Secretary), Dr. Girish Bajaj (Secretary Elect)

CME COMMITTEE

Course Co-Directors: Ajay Kapur MD, Sanjay Dhingra MD
Bharat Chawla MD, Sarbjit Dhillon DDS, Gurpreet Gill MD, Umesh Jain MD, Jagdeep Singh MD, Raveen Kaur MD, Anil Khitani MD, Rakesh Kumar MD, Harpreet Bajaj MD, Rajinder S Momi MD, Nishtha Kapur MD, Ravinder Ohson MD, Devinder Sehgal DDS, Vijay Sharma MD, Sandeep Walia MD, Bharat Maini MD, Girish Birdi MD, Girish Bajaj MD, Sumesh Mahajan DDS, Parvinder Lubana MD, Harpreet Brar MD

SPORTS COMMITTEE

Harpreet Bajaj, Girish Birdi, Gurpreet Gill, Kulwant Gill, Rajinder Momi, Vipin Grover

SOCIAL COMMITTEE

Harjeet Gill, Neha Bajaj, Lucky Birdi, Sarita Mani, Geetika Grover, Raveen Gill, Konica Jain, Mona Lubana

WELCOME COMMITTEE

Poonam Chawla, Sunita Kumar, Kimi Chopra, Navneet Momi, Jaswinder(Pinky) Bains

ENTERTAINMENT COMMITTEE

Jasjit Brar, Supinder Dhillon, Nishtha Kapur, Rinku Bajaj, Sukhi Sehgal

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