



White Oaks Conference Centre
 253 Taylor Road SS4, Niagara-on-the-Lake, ON
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24th Annual Meeting & CME/CDE 2016

Saturday October 8 —
 Monday October 10, 2016

White Oaks Conference Centre
 253 Taylor Road SS4
 Niagara-on-the-Lake, ON

Girish Bajaj MD, FRCPC (Planning Committee)
 Gastroenterologist, Brampton Endoscopy Clinic; Staff Physician, Internal Medicine, Brampton Civic Hospital

Harpreet Bajaj, MD, MPH, ECNU, FACE (Planning Committee)
 Endocrinologist, LMC Diabetes & Endocrinology, Brampton; Research Associate, Mount Sinai Hospital; Founder, STOP Diabetes Foundation

Gopal Bhatnagar, MD, FRCSC
 Assistant Professor of Surgery, University of Toronto, Mississauga; Cardiothoracic Surgeon, Trillium Health Partners

Sachin Chopra, MD, FRCPC
 Cardiologist, Civic Heart Centre and William Osler Health System, Brampton

Sanjay K. Dhingra, MD, FRCPC, FACC
 Cardiologist, The Scarborough Hospital

Nikhil Gupta MD, MPH, FACE, DABIM (Planning Committee)
 Consultant Endocrinologist, LMC Diabetes and Endocrinology, Markham

Umesh Jain, MD, FRCSC
 Chief of Urology, St Joseph’s Health Centre, University of Toronto

Sumit Jhas, MD, MSc, FRCSC
 Neurosurgeon, Trillium Health Partners

Joshua Juan, BSc MD, CCFP (Hepatology)
 Staff Physician, Toronto General Hospital/Centre of Liver Disease, UHN; Medical Director; Toronto Viral Hepatitis Care Network (VIRCAN)

Ajay Kapur, MD, FRCPC (Planning Committee)
 Clinical Instructor and Medicine Education Lead, University of Toronto; Staff Internist, St. Joseph’s Health Centre

Raveen Kaur, MD (Planning Committee)
 Assistant Professor, Northern Ontario School of Medicine; Radiologist, Health Sciences North, Sudbury, ON

Sanjeev Luthra, BASc, MD, FRCPC (Planning Committee)
 Paediatrician, William Osler Health System

Gaurav Mehta, MBBS, DCP, PgDip (Psych), PgDip (Diabetes), MACadMED, FRCPC, FAPA, CISAM (Planning Committee)
 Adjunct Lecturer, University of Toronto; Clinical Director ACTT and ECT, Southlake Regional Health Centre

Vishal Midha, MD (Planning Committee)
 Family Physician, Brampton

Rajinder S. Momi, MD, FRCPC, DABPN (Planning Committee)
 Associate Professor of Medicine, Queen’s University; Psychiatrist, Peterborough Regional Health Centre

A. Shekhar Pandey, BSc, MD, FRCPC, ABIM, CBNC
 Assistant Clinical Professor (Adjunct) of Medicine, McMaster University; Adult Invasive, Non-invasive, & Preventive Cardiologist

Ally P.H. Prebtani, BScPhm, MD, FRCPC
 Professor of Medicine, Internal Medicine, Endocrinology & Metabolism; Program Director, Endocrinology & Metabolism Residency Training Program

Ganesh Subramaniam, MD, FRCPC
 Respiriologist, Sleep Medicine, Queensway Sleep Laboratory, William Osler Health System and Brampton Sleep Clinic

Davinder Wadehra, MD, FRCPC, MBA
 Medical Director, Nephrology, William Osler Health System

PROGRAM

SATURDAY OCTOBER 8

12:45 pm *Welcome & Introduction*

1:00 pm **Testosterone Replacement:**
 a) **Indications and Benefits**
 b) **What Does The Data Say About Cardiovascular Risk?**
 Umesh Jain, MD & Sachin Chopra, MD

1:40 pm **COPD: New Treatments**
 Ganesh Subramaniam, MD

2:20 pm **Malnutrition/Failure to Thrive in Children**
 Sanjeev Luthra, MD

3:00 pm *Health Break*

3:20 pm **Hepatitis C Update: It’s Still in Your Practice and It’s Curable**
 Joshua Juan, MD

4:00 pm **Alcohol Dependence 101: Management in the Primary Care Setting**
 Gaurav Mehta, MD

4:30 pm **Approach to Back Pain**
 Sumit Jhas MD, FRCS

5:00 pm **Proton Pump Inhibitors: Dr. Jekyll or Mr. Hyde?**
 Girish Bajaj, MD

SUNDAY OCTOBER 9

CARDIOVASCULAR DAY

SYMPOSIUM 1: CARDIOVASCULAR UPDATE

9:00 am **Blood Pressure: How Low Should We SPRINT?**
 Ally Prebtani, MD

9:20 am **Heart Valves Gone Bad: Advancements in Aortic Stenosis, TAVI and Mitral Valve Clips**
 Gopal Bhatnagar, MD

9:50 am **Congestive Heart Failure (CHF): New Treatments**
 Sanjay Dhingra, MD

10:10 am *Panel Discussion/Q&A*
 Moderator: Davinder Wahedra, MD

10:30 am *Health Break*

SYMPOSIUM 2: UPDATE ON LIPIDS AND DIABETES

10:50 am **Year in Lipids: 2016 Update**
 A. Shekhar Pandey, MD

11:10 am **Cardiovascular Outcome Trials in Diabetes: 2016 Update**
 Harpreet Bajaj, MD

11:30 am *Panel Discussion/Q&A*

11:50 am **Medical Jeopardy**
 Ajay Kapur, MD & Girish Bajaj, MD

12:30 pm *Closing Comments*



OBJECTIVES

- At the end of this symposium, the participant will be able to:
- Identify appropriate patients for testosterone replacement therapy
 - Learn about new Tx for COPD
 - Assess malnutrition in children
 - Assess benefits and risks of PPIs
 - Approach alcohol dependence and back pain
 - Learn about management of cardiac valvular disease
 - Set appropriate blood pressure targets for patients
 - Utilize newer treatments appropriately in management of congestive heart failure
 - Manage hyperlipidemia based on the 2016 Lipid Guidelines
 - Learn CV safety/benefit of anti-hyperglycemic agents
 - Screen individuals for HCV and learn new therapeutic options for Hepatitis C

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